Volunteer Opportunities:

The SAPAC volunteer training program is a 20-hour intensive training for University of Michigan students that provides pertinent information to be an effective SAPAC Volunteer engaging in sexual violence prevention on campus.

To volunteer with us, we require a minimum commitment of two semesters (Winter and Fall). Training is a requirement to volunteer with the following programs:

CORE (Consent, Outreach & Relationship Education) Program
CORE volunteers focus on primary prevention of sexual misconduct through interactive workshops and events on healthy relationships and consent.

Bystander Intervention and Community Engagement (BICE) Program
BICE volunteers focus on secondary prevention through bystander intervention strategy workshops for students to prevent or intervene in the context of sexual misconduct.

Survivor Empowerment and Ally Support (SEAS) Program
SEAS volunteers focus on tertiary prevention education through interactive workshops, tabling and events on self-care and wellbeing.

If you are interested in volunteer training, please fill out the Volunteer application online at sapac.umich.edu/application

How to Support a Survivor:

Listen to what the survivor tells you without asking questions. Let the survivor share as much or as little as they choose.

Believe what the survivor is telling you. No matter what, the survivor is not to be blamed.

Support the survivor in whatever way is requested, to the degree that you are able. Do not take it personally if a survivor does not want your help.

Refer and Connect the survivor to trained professionals for comprehensive crisis intervention, advocacy, and support.

Additional Campus Resources

Counseling and Psychological Services (CAPS)**
734-764-8312
caps.umich.edu

University Health Service (UHS)
734-764-8320
uhs.umich.edu

UofM Police Department (UMPD)
734-763-1131
dpss.umich.edu

Office of Institutional Equity (OIE)
734-763-0235
hr.umich.edu/oie

Office of Student Conflict Resolution (OSCR)
734-936-6308
oscr.umich.edu

SafeRide
734-647-8000
ltp.umich.edu/transit/after-hours.php

Community Resources

SafeHouse Center 24-Hour Crisis Line**
734-995-5444
safehousecenter.org

Ann Arbor Police Department
734-994-2911
a2gov.org

**these denote confidential resources

SAPAC - Sexual Assault Prevention and Awareness Center
SUPPORT. LISTEN. EMPOWER.
Mission Statement:
The Sexual Assault Prevention and Awareness Center promotes healthy relationships, teaches non-violence and equality, supports survivor healing, and fosters a respectful and safe environment for all members of the University of Michigan community.

We are committed to fulfilling this mission in a culturally-sensitive, empowering and empathic way to University of Michigan students, faculty and staff.

We serve all racial, ethnic, religious, class backgrounds, sexual orientations, and gender and social identities.

Our Values

Respect: promoting equality and a campus free of violence

Survivor Empowerment: giving survivors the tools to make their own decisions

Social Justice: challenging all forms of oppression and promoting cultural humility

Student-Centeredness: collaborating with students in every level of our work

Excellence: providing comprehensive education and services for survivors and the campus community

For Survivors & supporters of survivors:

Provided by SAPAC Professional Staff and Masters of Social Work interns (trained and supervised by professional staff):

24-Hour Crisis Line (734-936-3333): confidential crisis intervention, information and referral for survivors, their friends and family members.

Advocacy: academic, legal, medical and housing advocacy for survivors of sexual assault, sexual and gender-based harassment, stalking and intimate partner violence.

Crisis Intervention: in-person crisis intervention at residence halls, campus offices, hospitals and police departments.

Advocate Chat: anonymous online messaging service to connect you with a SAPAC advocate

Provided by Student Employees (trained and supervised by professional staff):

Peer-Led Support Group: weekly, drop-in group open to all survivors of sexual assault, intimate partner violence, sexual and gender-based harassment and stalking to express their concerns and support their peers in a comfortable setting.

For the UM Community:

Student-led Educational Offerings:
Our workshops engage in dialogues around healthy relationships, consent, bystander intervention, self-care, and responding to disclosures.

Request a peer-facilitated workshop at: sapac.umich.edu/form/sapacrequest
This educational offering is for UM students only.

Campus & Community Partners Training:
This training seeks to empower community-based participants with the knowledge, awareness, and skills needed to be actively involved in the movement to end sexual and intimate partner violence.

Questions? Contact sapac@umich.edu

Professional Staff Training Programs:
Facilitated by professional staff, these trainings for U-M faculty, staff and departments can be designed to fit individual needs.

To request a workshop, email sapac@umich.edu

Raise the Bar: Designed and implemented by SAPAC, University Health Service (UHS), and The Ann Arbor Community Coalition (A2C3), Raise the Bar aims to decrease the incidence of sexual and gender-based violence among the Ann Arbor community. The program partners with local bars to provide tailored workshops on the subject of sexual assault and bystander intervention.

Questions? Contact raisethebar@umich.edu

UofM Sexual Misconduct Policy:
UofM prohibits sexual assault, sexual and gender-based harassment, intimate partner violence, stalking, retaliation, and violation of interim measures.

Find the full policy: studentsexualmisconductpolicy.umich.edu