Volunteer Opportunities:

The SAPAC volunteer training program is a 20-hour intensive training for University of Michigan students that provides pertinent information to be an effective SAPAC Volunteer engaging in sexual violence prevention on campus. To volunteer with us, we require a minimum commitment of two semesters (Winter and Fall). Training is a requirement to volunteer with the following programs:

Peer Education (PE) Program
PE volunteers focus on primary prevention of sexual misconduct through interactive workshops and events on healthy relationships and consent. Their event, SAPAC the Diag, engages the larger UM community on these issues through fun and interactive tabling.

Bystander Intervention and Community Engagement (BICE) Program
BICE volunteers focus on secondary prevention through bystander intervention strategy workshops for students to prevent or intervene in the context of sexual misconduct. Their events, Better Bystander Month and Yes Means Fest, center around the intersection of consent and bystander intervention through dialogue and personal expression.

Networking, Publicity, and Activism (NPA) Program
NPA volunteers focus on tertiary prevention education through interactive workshops, tabling and events on self-care and wellbeing. Their events, Sexual Assault Speak Out and rEVOLUTION, promote awareness, empathy, and understanding of the survivor experience, as well as how to be supportive of survivors of sexual violence.

If you are interested in volunteer training, please fill out the Ally/Volunteer application online at sapac.umich.edu/application

How to Support a Survivor:

Listen to what the survivor tells you without asking questions. Let the survivor share as much or as little as they choose.

Believe what the survivor is telling you. No matter what, the survivor is not to be blamed.

Support the survivor in whatever way is requested, to the degree that you are able. Do not take it personally if a survivor does not want your help.

Refer and Connect the survivor to trained professionals for comprehensive crisis intervention, advocacy, and support.

Campus Resources

University of Michigan Police Department (UMPD)
911
734-763-1131
dpss.umich.edu

SafeRide
734-647-8000
pts.umich.edu

Counseling and Psychological Services (CAPS)
734-764-8312
caps.umich.edu

University Health Service (UHS)
734-764-8320
uh.s.umich.edu

Office of Institutional Equity (OIE)
734-763-0235
www.hr.umich.edu/oie

Office of Student Conflict Resolution (OSCR)
734-936-6308
oscr.umich.edu

Community Resources

Ann Arbor Police Department
911
734-994-2911
a2gov.org

SafeHouse Center 24-Hour Crisis Line
734-995-5444
safehousecenter.org

SAPAC
Sexual Assault Prevention & Awareness Center

(734) 936-3333
24-Hour Crisis Line
(734) 764-7771
SAPAC Office Line

Michigan Union, 530 S. State St.
Room 1551
Ann Arbor, MI 48109-1308

sapac.umich.edu
sapac@umich.edu

Teaching, Leading, and Healing at the University of Michigan
Mission Statement:
The Sexual Assault Prevention and Awareness Center promotes healthy relationships, teaches non-violence and equality, supports survivor healing, and fosters a respectful and safe environment for all members of the University of Michigan community.

We are committed to fulfilling this mission in a culturally-sensitive, empowering, and empathic way to University of Michigan students, faculty, and staff.

We serve all racial, ethnic, religious, class backgrounds, sexual orientations, and gender and social identities.

Our Values

Respect
SAPAC works towards a campus free of violence. We promote equality and respect for all members of our community through our commitment to primary prevention.

Survivor Empowerment
SAPAC recognizes that survivors are experts in their own lives. We strive to create a supportive and safe environment, empowering survivors with the knowledge to make their own decisions.

Social Justice
SAPAC encourages our campus community to challenge all forms of oppression, celebrate diversity, and promote cultural humility while increasing awareness of the intersectionality of discrimination.

Student-Centeredness
SAPAC fosters student growth and leadership through collaboration and partnerships, engaging students in every level of our work.

Excellence
SAPAC provides quality comprehensive education and services through evidence-based best practices, continually assessing and evaluating the needs of survivors and the campus community.

Services & Educational Programming

All services and programming are free and confidential to the University of Michigan community and are provided by both professional SAPAC staff members and student volunteers.

For Survivors & supporters of survivors:

Provided by SAPAC Professional Staff and Masters of Social Work interns (trained and supervised by professional staff):

24-Hour Crisis Line (734-936-3333): confidential crisis intervention, information, and referral for survivors, their friends and family members.

Advocacy: academic, legal, medical, and housing advocacy for survivors of sexual assault, sexual and gender-based harassment, stalking, and intimate partner violence.

Crisis Intervention: in-person crisis intervention at residence halls, campus offices, hospitals, and police departments.

Advocate Chat: online messaging service to connect with a SAPAC advocate who can answer your concerns related to sexual assault, sexual and gender-based harassment, stalking, or intimate partner violence and connect you to resources on campus. Operating during business hours.

Provided by Student Employees (trained and supervised by professional staff):

Peer-Led Support Group: weekly, drop-in group open to all survivors of sexual assault, intimate partner violence, sexual and gender-based harassment and stalking to express their concerns and support their peers in a comfortable setting.

For the UM Community:

Student-led Educational Offerings: Our workshops aim to create interactive spaces to engage in dialogue about healthy relationships, consent, bystander intervention, self-care, and responding to disclosures. All workshops are designed to be a minimum 90-minute workshop, facilitated by two peer facilitators. To request a peer-facilitated workshop: https://sapac.umich.edu/form/sapacrequest

This educational offering is for UM students only.

Ally Training: SAPAC Ally Training seeks to empower participants with the knowledge, awareness, and skills needed to be actively involved in the movement to end sexual and intimate partner violence. The program is a great first step in receiving basic training regarding these issues and becoming a supporter of the movement. If interested, fill out the Ally/Volunteer application online at sapac.umich.edu/application.

This educational offering is available for UM faculty, staff, and students only.

Professional Staff Training Programs*: Faculty, staff, and departmental training programs can be designed to fit individual needs. Workshops and training sessions are facilitated by professional staff. To request a workshop, email sapac@umich.edu

*Can be available to professional staff outside of UofM, contact sapac@umich.edu for more information

Raise the Bar: Raise the Bar (RTB) is a new program designed and implemented by SAPAC, University Health Service (UHS), and The Ann Arbor Community Coalition (A2C3.) The mission of Raise the Bar is to decrease the incidences of sexual and gender-based violence among University students within the Ann Arbor community. The program works with local bars to provide tailored workshops on the subject of sexual assault and bystander intervention. Contact raisethebar@umich.edu with questions, and check out their facebook page at www.facebook.com/umich.raisethebar.
**U-M Student Sexual Misconduct Policy**

**Definitions**

**Sexual Assault** is unwanted contact of a sexual nature, whether verbal, non-verbal, graphic, physical, or otherwise when the conditions outlined in (a) and/or (b) are present.

Sexual Contact includes: (a) intentional touching of the breasts, buttocks, groin, or genitals, whether clothed or unclothed, or intentionally touching another with any of these body parts; or (b) making another touch you or themselves with or on any of these body parts.

**Sexual Harassment** is any unwelcome sexual advance, request for sexual favors, or other unwanted conduct of a sexual nature, whether verbal, non-verbal, graphic, physical, or otherwise, when:

1. Submissions to or rejection of such conduct is made, either explicitly or implicitly, a term or condition of a person’s employment, academic standing, or participation in any University programs and/or activities, or is used as the basis for University decisions affecting the individual (often referred to as “quid pro quo” harassment);

   or

2. Such conduct creates a hostile environment. A “hostile environment” exists when the conduct is sufficiently severe, persistent, or pervasive that it unreasonably (i) interferes with, (ii) limits, or (iii) deprives an
individual from participating in or benefitting from the University’s education or employment programs and/or activities. Conduct must be deemed severe, persistent, or pervasive from both a subjective and an objective perspective.

**Gender-based Harrassment** includes harassment based on actual or perceived gender, sexual orientation, gender identity, or gender expression, which may include acts of aggression, intimidation, or hostility, whether verbal or non-verbal, graphic, physical, or otherwise, even if the acts do not involve conduct of a sexual nature.

**Stalking** occurs when a person engages in a course of conduct towards another person under circumstances that would cause a reasonable person to fear bodily injury to themselves or to other, or experience substantial emotional distress.

**Intimate Partner Violence** includes any act of physical violence, or threatened act of physical violence that occurs between individuals who are or have been involved in a sexual, dating, spousal, domestic, or other intimate relationship. Intimate Partner Violence may also include forms of economic or emotional abuse, including any behaviors that intimidate, manipulate, humiliate, isolate, frighten, terrorize, coerce, threaten, blame, hurt, injure, or wound someone.

More information at studentsexualmisconductpolicy.umich.edu

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